



# Daily Dose

**Monday, April 28**

**Welcome New Employees!**



**Brandon Florence**

Registered Nurse in the ICU  
working full-time in the  
Weekender Program



**Yeva M. McKenna**

MRI Technologist in the MRI  
department on a full-time  
basis



**Brady M. Wethal**

Maintenance and Security  
Worker in the Plant Operations  
department on a full-time basis

## **Welcome Baby Babych!**

Katya had her baby! Baby David Babych was born, 4/23/25 at 2:30 a.m. Both baby and mama are doing great! ☺





**May is recognized as  
National Asthma and Allergy Awareness Month**

If you or your dependents suffer from allergies and you are enrolled in the Flexible Spending Account Medical benefit, please know this is available for out-of-pocket health care expenses such as over-the-counter allergy medication.

More information about benefits is available on the Intranet at Human Resources > Benefits and by contacting Human Resources.





# Happy Birthday!



Lily Gertsch  
Geri/Psych  
April 27



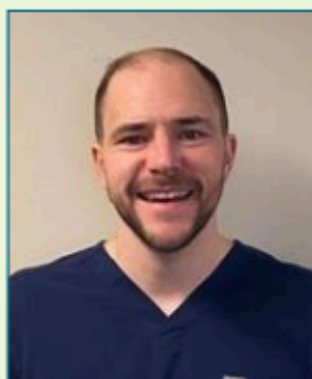
Victoria Larson  
Cottage Grove UC  
April 28



Addy Miller  
Executive Services  
April 28



Deb Tofte-Jones  
Med/Surg  
April 29



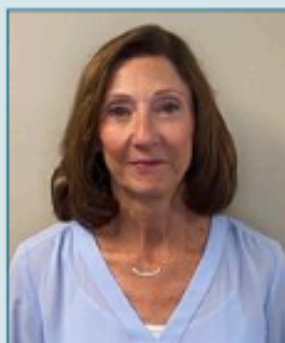
Cameron Weess  
Ortho Clinic  
April 29



# Happy Anniversary!



Emily Love  
Sleep Lab  
April 29  
1 Year



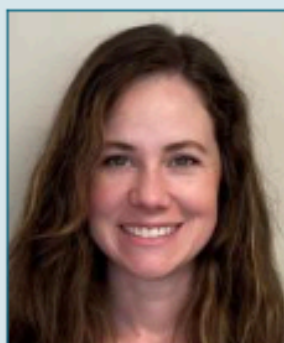
Leslie Sammon  
Emergency Room  
April 29  
1 Year



Carol Siewert  
Emergency Room  
April 29  
1 Year



Hannah Moody  
ER/Medical Imaging  
May 1  
2 Years



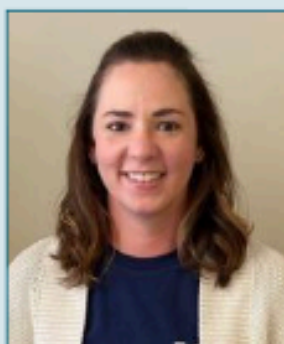
Carri Dietzman  
Emergency Room  
May 1  
2 Years



Thomas Vogt  
Medical Imaging  
May 2  
9 Years



Kelly Carpenter  
Medical Imaging  
May 2  
3 Years



Naomi Franklin  
ICU  
May 2  
3 Years



Sheila Marty  
Case Management  
May 2  
3 Years





## Tuesday, April 29

### **This Week in Engagement**

Every week the Administrative Council (AC) will give you a look into what they are working on to make Stoughton Health a great place to work and receive care.

This week we're hearing from Amy Hermes

#### **What have you been working on?**

I have been working with Jen White and the other leaders on DNV preparation.

#### **Why is this important to staff?**

We expect our DNV surveyors to arrive at any time between Labor Day and Thanksgiving. This will be a very important survey for us. This will be our Centers for Medicare & Medicaid Services (CMS) validation survey which is to ensure that DNV is effectively and accurately assessing healthcare facilities' compliance with Medicare's Conditions of Participation. Preparing thoroughly for a DNV survey is critical to maintaining our certification and ensuring we meet international safety, environmental, and quality standards. These surveys are not just formalities, they are essential checkpoints that verify our compliance and operational integrity. Proper preparation helps us avoid costly delays, unplanned downtime, and potential fines that can arise from non-conformities. It also ensures that all equipment is functioning correctly, safety systems are in place, and required documentation is accurate, complete, and easily accessible. Beyond compliance, a well-prepared survey reflects our dedication to continuous improvement, operational excellence, and workplace safety. It also strengthens our reputation and builds confidence with clients, regulators, and stakeholders, demonstrating that we are a reliable, professional organization committed to high standards. Everyone's role in this process is important, and attention to detail now prevents larger issues down the line.

To find out more reach out to Amy Hermes at [ahermes@stoughtonhealth.com](mailto:ahermes@stoughtonhealth.com)

### **Stoughton Health Outpatient Center Open House - April 23**

Our Open House was a huge success! Thank you to the many staff who participated! If you weren't able to attend here's a video from WSJY:

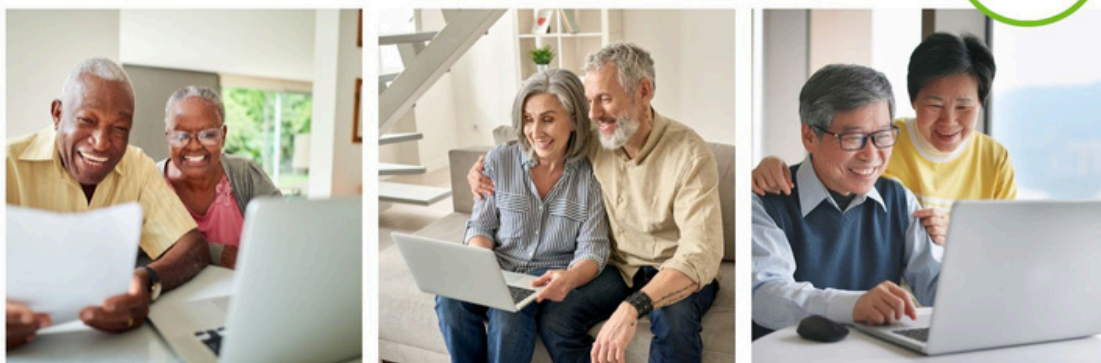
<https://www.facebook.com/share/v/1C5AtXTn4w/>

**Wednesday, April 30**  
Community Education Update

[Click Here to Register](#)

# Medicare 101

**FREE  
Talk!**



Join licensed insurance agent Ben Rothering to learn about the basics of Medicare (A, B, C & D), how to enroll, what Medicare covers, and additional coverage options.

**Thursday, May 8, 2025**  
**12:00 p.m. – 1:00 p.m.**

This FREE talk is being offered both online and in person at the Stoughton Health Community Health & Wellness Center, 3162 County Road B, Stoughton.

To register, please visit [stoughtonhealth.com](https://stoughtonhealth.com) and click on "Classes & Events." Online participants will receive a Zoom link and call-in phone number.

Questions? Please call (608) 877-3498.

*This class is for education purposes only and does not serve as an endorsement.*



[stoughtonhealth.com](https://stoughtonhealth.com)

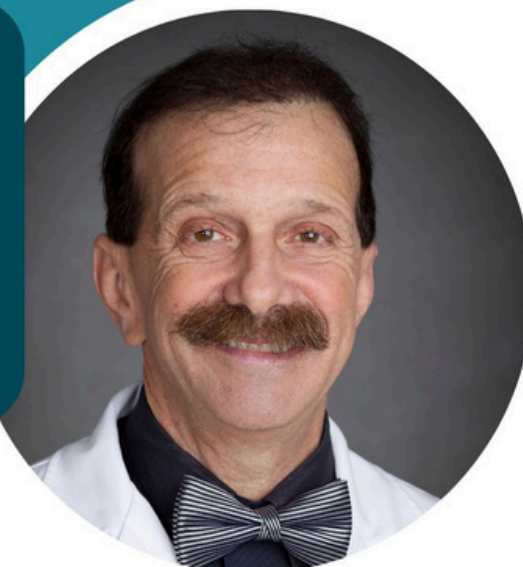


[Click Here to Register](#)

## A Talk with Dr. Zorba Paster: **How to Care for Yourself While You're Caring for Others with Dementia**

Tips and tricks for anyone who cares for a loved one from one who knows, having cared for my wife of 50 years during her final journey through dementia.

My medical practice prepared me only so far for our personal journey. I'll share some of the knowledge and wisdom I learned through the process sprinkled with hope and joy.



**Dr. Zorba Paster**

**Wednesday, May 21  
5:30 p.m. - 6:30 p.m.  
Stoughton Hospital  
900 Ridge Street, Stoughton**

**To register for this free event, visit  
[stoughtonhealth.com](http://stoughtonhealth.com) and click on  
"Classes & Events."**

**Questions? Please call  
(608) 877-3498.**



**STOUGHTON  
PUBLIC LIBRARY**  
*The heart of our community.*

Thursday, May 1

May is Stroke Awareness Month



American Stroke Association  
A division of the American Heart Association

Together to End Stroke®

05

## Key Facts About Stroke



FACT #1:

### stroke kills brain cells

Stroke happens when a clot or rupture interrupts blood flow to the brain. Without oxygen-rich blood, brain cells die.



FACT #2:

### types of stroke

Ischemic caused by a clot, Hemorrhagic caused by a rupture and Transient Ischemic Attack (TIA) or "warning stroke" caused by a temporary blockage.



FACT #3:

### about one in four stroke survivors is at risk for another

Fortunately, up to 80 percent of second clot-related strokes may be preventable.



FACT #4:

### prevention is key

Had a stroke? Work with your doctor to identify the cause and create a plan to prevent another. This may include managing high blood pressure, making healthy lifestyle choices and taking medications as recommended by your doctor.

After an ischemic stroke or TIA, most patients will be prescribed an antiplatelet or anticoagulant therapy.

# F.A.S.T.

FACT #5:

### time lost is brain lost

Now that you know prevention, here's how you spot one.

Learn the FAST  
warning signs:

**F**  
Face  
Drooping

**A**  
Arm  
Weakness

**S**  
Speech  
Difficulty

**T**  
Time to  
Call 911

HCA + Healthcare  
FOUNDATION

The HCA Healthcare Foundation  
is a national supporter of  
Together to End Stroke®.

Stroke.org

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There's still time to register for the Employee Only Blood Drive!

[Click Here to Register](#)

# Employee Only Blood Drive

Just one donation can save three lives!



**Wednesday, May 7th**

**1 p.m. - 4 p.m.**

**Bryant Health Education Center**

*(900 Ridge street)*

## To Register

Visit the intranet home page for the registration link or scan the QR code below with your phone.

Questions? Contact Kelly at ext. 3498



Per policy 9.31 donation appointments may be scheduled on work time.

**Friday, May 2**

**SHINE Awards**

**To: Emily Mueller**

**From: Ayva Bennett**

Emily has stepped up as charge nurse when needed while Markee is on maternity leave. She does a great job helping everyone out and problem solving!

**To: Debra Tofte**

**From: Kelly Harrington**

Deb has been so kind and supportive to me since starting at Stoughton Health as a new Manager. She has been patient on Payroll Monday with me and taught me so many tips and tricks. Thank you, Deb for shining in your role and support of others at the organization.

**To: Roberta Sarow**

**From: Tammy Gassen**

Roberta , I appreciate your style always respectful, kind and patient. When helping me navigate new programs or asking purchasing questions. Your a great example of what Excellence together looks like thank you !

**To: Jen Mora**

**From: Sam Stolz**

Thanks so much for helping me out in education recently. You are always willing to jump in and lend a hand. You're a true gem!

**To: Kelly Harrington**

**From: Mary Erdman**

Thank you so much for helping me obtain a vendor / reference number on a medical device, and you did it so fast. Thanks again I really appreciate it.



**Stoughton Health  
Employee Recognition**

Do you have a coworker you would like to recognize with a SHINE Award or nominate for Standards Honors Employee? The forms are just a click away on the intranet home page!

**To: Lita Falligant**

**From: Tammy Gassen**

Lita, During Registering a patient today. He stopped me and asked who was the one he made the appointment with, I said that was Lita. He said he wanted me to be sure to pass along to you " She made my day, She was the most pleasant , helpful, Cheerful person that he has spoken to in a long while" He also wanted me to be sure to add "Happy Easter from a ol' gester" that way you would recall the conversation. Thank you Lita for smiling through the phone .

**To: Emily Goetz**

**From: Maria Femrite**

Thank you so much for your amazing help with training. I have learned so much from you! Your knowledge of coding is amazing! Thank you!

**To: Josh Bartz**

**From:Melissa Kitelinger**

Thank you Josh for letting me interrupt you at the SHOC building to assist my staff person with getting logged back into her workstation and email. This was such a huge help! I appreciate you and your time.