



Daily Dose

Monday, April 14

Welcome New Employees!

WELCOME



Tammy Aldrich

Food Prep Assistant in Food and Nutrition Services on a full-time basis



Brooke Blum

Occupational Therapist in the Occupational Therapy department on a full-time basis



Stephany Martin

Scheduler in Registration on a full-time basis



Chris Naumann

Coding Specialist in the Health Information department on a full-time basis



Kiana Patterson

Radiology Assistant in the Medical Imaging department on an occasional basis



Tracey Rhodes

Registered Nurse in the Med/Surg unit on a full-time basis



Mental Health Benefits

Stoughton Health employees have the following several mental health available benefits. You are encouraged to seek help and resources for you and your family when you need it.

Employee Assistance Program at Mutual of Omaha

For all employees and their dependents. This is a confidential help line available 24 hours a day and answered by mental health professionals. Call 1-800-316-2796 or online www.mutualofomaha.com/eap

Mental Health Anywhere at Embrace Health

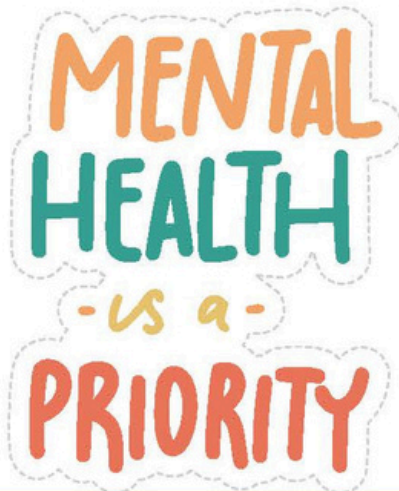
For all employees. Psychiatric and therapy/counseling services. Schedule your free virtual consultation appointment at www.embracehealth.com. Or call 515-612-9583 Monday thru Friday 8am to 5pm.

Dean Health Insurance

For all employees and their dependents enrolled in Dean health insurance. Contact member services with questions about your benefits at 1-877-379-7605 or visit www.deancare.com

Quartz Health Insurance

For all employees and their dependents enrolled in Quartz health insurance. Contact Quartz with questions at 800-362-3310 or visit www.QuartzBenefits.com





Happy Birthday!



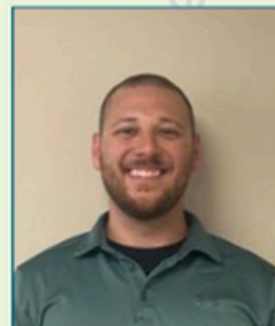
Courtney Bays
Surgical Services
April 12



Kevin Propp
Food & Nutrition
April 12



Carri Dietzman
Emergency Room
April 13



Derek Drays
Rehab Services
April 16



Zachary Lind
Specialty Clinic
April 16



Kendra Saul
Patient Financial Services
April 18



Happy Anniversary!



Kathleen Muhs
Health Information
April 14
11 Years



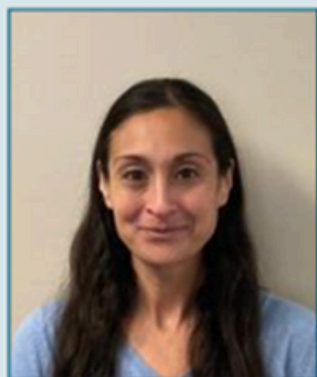
Kim Trinkle
Urgent Care
April 14
11 Years



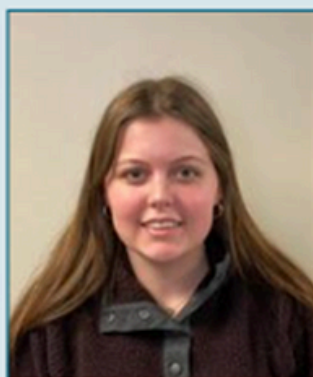
Teresa Sylte
Med/Surg
April 15
22 Years



Cindy Blanchar
Food & Nutrition
April 15
1 Year



Mary Filipowicz
Accounting
April 15
1 Year



Natalee Gerber
Sleep Lab
April 15
1 Year



Kay Matz
Emergency Room
April 17
25 Years



Tara Farrell
Patient Financial Services
April 18
3 Years

Tuesday, April 15

This Week in Engagement

This week we're hearing from Chris Brabant, President and CEO of Stoughton Health. We continue to work on several projects for continued growth and modernization of our amazing organization. We are in the final stages of the completion of the Stoughton Health Outpatient Center (the SHOC) and the Sterile Processing Department (SPD) project. We have also been working on programmatic growth in the areas of Orthopedics, Cardiology, and Musculoskeletal/Pain Management Services.

Additionally, we had our first of what will be multiple, strategic planning meetings, to assist us with planning for the future direction of Stoughton Health. As you recall our organizational vision is to grow to meet the changing needs of the communities we serve, and to do this, we need to have a plan. All of you will be asked to give your suggestions as to business lines we should explore and what areas we should provide greater resources. It's just as important to hear about what isn't working and where we should pivot. Your voice is hugely important!

If you wish to find out more, please do not hesitate to reach out at cbrabant@stoughtonhealth.com. I would be very happy to have a conversation with you!

Gift Shop Update



Foundation Update



to go towards the purchase of two eye surgery carts.
Thank you to everyone who donated to this fundraiser.

Wednesday, April 16

Community Education Update

Root Down, Rise Up

Finding our Feet for Standing Poses



Wednesday, May 7th
Kula Yoga & Wellness
6:00 to 7:00 p.m.
In-Person or Via Zoom



Finding a steady base is often tricky when working to increase balance. Join Becky, the owner of Kula Yoga & Wellness, to learn how to strengthen feet, ankles, and legs and discover proper alignment to help your balance on and off the mat.

Class will utilize standing, seated, and lying down postures. Chairs can be used in place of floor postures as support in balance work.

To register, scan the QR code or visit www.flywithkula.com and go to May 7th on the calendar.



A Zoom link will be emailed to online participants
15 minutes before class starts.

Questions? Please contact Becky at info@flywithkula.com
This class is for education and does not serve as an endorsement.

stoughtonhealth.com



[Register Today!](#)

Thursday, April 17

Wisconsin Hospital Association (WHA) Advocacy Day

The annual WHA Advocacy Day is designed to educate and motivate health care employees, trustees and volunteers on important health care-related issues and to encourage grassroots advocacy opportunities.

Each year, Advocacy Day brings in nearly 1,000 health care leaders, providers, hospital staff, trustees and volunteers from across Wisconsin to the state's capitol to participate. Attendees hear timely insight to state and federal health care issues, and have the opportunity to participate in state legislative visits to advocate on behalf of their hospitals.



Stoughton Health at Advocacy Day 2025

Stoughton Chamber of Commerce Spring Expo

Stoughton Health joined other local businesses at the Spring Expo on April 3 at the Mandt Center in Stoughton.



Taylor Simonson, Foundation Executive Assistant and Julia Jones, Marketing Intern



Adam Peters, Stoughton Wellness Coalition Coordinator

Friday, April 18

SHINE Awards

To: Amy Brown

From: Melissa Monte

Amy took a call from a previous patient asking a question about using a walker. She took time out of her day to answer his question and then had him quick stop in to have her assess the appropriate height of his walker. Amy is always going above and beyond and cares deeply about her patients (both current and previous).

To: Kate Stanard

From: Andy Saul

Kate stayed at CHWC longer than she expected so I could go to an appointment. Kate wanted to make sure that T was ready to leave before she left. Thank you for the help!



Stoughton Health Employee Recognition

Do you have a coworker you would like to recognize with a SHINE Award or nominate for Standards Honors Employee? The forms are just a click away on the intranet home page!

Submit S.H.I.N.E.
Award

Nominate Standards
Honors Employee

STOUGHTON HEALTH INCREDIBLY NOTEWORTHY EMPLOYEE

**MARCH 2025
SHINE AWARD WINNER**

**TOM K.
PHARMACY**



Over the past few days there have been some extremely complex patient medication reconciliation/histories of late-afternoon new admissions. We are talking BAGS of home medications to go through, some in clear baggies rather than their prescription bottles. Sorting & identifying is a VERY time consuming but extremely important process to protect our patients & providers from ordering/taking the wrong medications & or doses. Tom has stayed beyond his usual work shift consecutive days to get those completed, rather than offload them to the closing Pharmacist who captains the ship alone after 5p. Tom is considerate & selfless when it comes to working alongside his peers. I appreciate YOU!!

SUBMITTED BY E. ROBERTS