



Daily Dose

Monday, March 24

403b Retirement Plan Assistance

Stoughton Health's retirement plan offers a 4% dollar-for-dollar employer match for full-time and part-time employees working 40 or more hours bi-weekly. All eligible employees are encouraged to enroll in this excellent benefit. If you are not yet participating in the retirement plan, you are encouraged to enroll online at secure.ascensus.com. If you are in need of investment assistance, Garrett Jones, Nick Tancill and their team are available to assist you. They can meet with you individually phone or online. Phone at 608-252-7501 or email tancillgroup@rbc.com.

FSA for the Allergy Season

For those of you who suffer from allergies, you hardly need a reminder that allergy season is coming. Get ahead of your allergies and use your flexible spending account (FSA) to purchase eligible allergy-related expenses and save money.

Why Use Your FSA for Allergy Expenses?

Having the right health supplies on hand can make all the difference. Your FSA funds can be used for a variety of allergy-related expenses, helping you stay healthy.

Examples of eligible expenses:

- Medical Supplies: Eye drops, sinus inhalers
- Over-the-Counter Medications: Allergy medication, nasal spray
- Health Care Products: Vapor rubs, humidifiers

Visit www.ebcflex.com/eligibleexpenses for a more extensive list of eligible expenses.

Shop with Ease

Easily shop FSA-eligible products online with the FSA Store. The FSA Store makes it easy to use your FSA to purchase eligible items, including allergy-related expenses.

Shop Now

Don't forget to use your Benefits Card! The easiest way to spend your funds is using your Benefits Card. When you use your Benefits Card, you pay directly from your benefit account. If you don't use a Benefits Card, you can pay using another method and submit a request for reimbursement later.

Please let us know if you have any questions.

March Birthdays This week



Dianne Griswold
Clinical Education
March 23



Scott Klongland
Material Services
March 23



John Koch
McFarland UC
March 23



Nancee Linnerud
Material Services
March 25



Elizabeth O'Leary
Geri/Psych
March 26



Erica Heling
Rehab Services
March 27



Megan Stanek
Respiratory Therapy
March 27



Kathryn Elmarakby
Registration
March 28

March Anniversaries This Week



Emily Syring
Environmental Services
March 22
4 Years

This Week in Engagement

Every week the Administrative Council (AC) will give you a look into what they are working on to make Stoughton Health a great place to work and receive care. This week we're hearing from Christopher Schmitz, VP HR and Facility Operations

What have you been working on?

We have lots going on this month. If you haven't already done so, please participate in our employee engagement survey offered by Energage. You should see an email inviting you to participate. This project is being led by Andy, and I very much appreciate his fresh perspectives on administering the survey. Thank you, Andy!

Why is this important to staff?

Announced Sunday, Stoughton Health was just named the Top Workplace, large employer, for our performance in our Employee Engagement surveys. This helps not just with recruitment, but in shaping our culture to become an even better employer. Thanks for the feedback, and if you haven't already completed our survey for this year please do so. It is open until April 3rd.

To find out more reach out to Andy Boryczka or Chris Schmitz:

ABoryczka@Stoughtonhealth.com

CSchmitz@stoughtonhealth.com

Tuesday, March 25

Visit from Lt. Governor Sara Rodriguez

Stoughton Health welcomed Lt. Governor Sara Rodriguez on February 27 for an important discussion on strengthening Wisconsin's healthcare workforce. During the visit, Lt. Governor Rodriguez shared key recommendations from the Governor's Task Force on the Healthcare Workforce and gathered feedback from Stoughton Health leaders.

Discussions focused on key workforce challenges, including clinical training expansion, recruitment and retention efforts, and streamlining licensure. Stoughton Health leaders shared insights on local needs and explored collaborative solutions to strengthen healthcare services.



Photo left to right: Tim Rusch (SH Board Chair), Chris Schmitz, Michelle Abey, Lt. Governor Sara Rodriguez, Chris Brabant and Laura Mays

The Employee Engagement Survey is Here!

On 3/19 you received an email from Energage, our third-party survey partner, that asked you questions about your experience here at Stoughton Health. If you haven't had a chance yet, please take a few minutes to elevate your voice by completing the anonymous survey. The results of the survey will be used at the system level to help us set course for our upcoming strategic plan, and at the team level to lead discussions to improve everyday work.



Thank you in advance for making Stoughton Health even better! Please reach out to Andy Boryczka, Director of Engagement and Experience with any questions.

This Week in PR/Marketing and Foundation

Every week the Administrative Council (AC) will give you a look into what they are working on to make Stoughton Health a great place to work and receive care.

This week we're hearing from Laura Mays, Director of PR/Marketing and Foundation

What have you been working on?

This week we just wrapped up the Foundation Basket Raffle in the Lobby of the Hospital, thanks to all who participated! Hope you were a lucky winner and will be collecting your basket! Also a pizza party is being coordinated with the basket that sold the most tickets. A lot of great baskets and amazing teamwork, thank you! Continuing with Foundation work, Taylor and I have been planning the volunteer appreciation lunch for April 25 to celebrate our amazing volunteers. We've also been busy getting out invites for the Retiree Luncheon planned for April 29th and the Donor Appreciation Event April 16th. We started the week with a Foundation Board Meeting March 17th and ending the week with meetings with advocates for Stoughton Health.

In PR/Marketing our team has been working on planning the Open House on April 23rd, adding social media posts to highlight what's happening here and in the community, and writing a press release of a donation made to the McFarland library. We are updating billboards, radio ads, and commercials to advertise all the fabulous work you do! We are also working on the strategic implementation plan to address the Community Health Needs that were identified this past fall. This plan will go to the Governing Board for approval in May. With the Stoughton Wellness Coalition we have been gathering data for a \$250,000 grant that is being submitted at end week to reduce tobacco and alcohol use in youth and preparing to put together a reality maze for 9th grade students with the Stoughton High School.

Why is this important to staff?

The Foundation event planning and donor meetings, help raise money and friends to support all the good work your departments are doing. It builds relationships and lets people in the community know about and share all the good things going on at Stoughton Health. Also with the money raised through the Foundation, we are able to support equipment, supplies and other needs your department may have. With all the PR/Marketing efforts, we educate our communities about the services available here and showcase all the good work you do. The more people that know about Stoughton Health, the more volume it brings in to help pay for salaries, infrastructure, supplies, contracts, and equipment. But even more important, PR/Marketing let's more patients experience the great care given with that personalized service we're known for at Stoughton Health. To find out more reach out to Laura Mays at lmays@stoughtonhealth.com

Wednesday, March 26

Donates Blood Pressure Kits Donated to E.D. Locke Public Library

Stoughton Health has donated blood pressure monitoring kits to the E.D. Locke Public Library in McFarland as part of its ongoing commitment to community health and wellness. This donation provides community members with an accessible tool to monitor their blood pressure and support overall cardiovascular health.

The kits, which include a blood pressure cuff and educational materials, are available for checkout at the library. By offering this resource, Stoughton Health and the library aim to empower individuals with the knowledge and tools necessary to take an active role in their health.



Chris Brabant, President & CEO of Stoughton Health, and Heidi Cox, Director of E.D. Locke Public Library

Leg Vein Treatment Options

FREE Online Talk

Whether suffering from painful varicose veins or bothersome spider veins, Stoughton Health's Board Certified General Surgeon, Dr. Aaron Schwaab, can help! Note this is an informational session, not intended to take the place of professional medical advice.

April 10 @ 5:30 PM - 6:30 PM

Questions? Please contact Stoughton Health Community Education at (608) 877-3498.

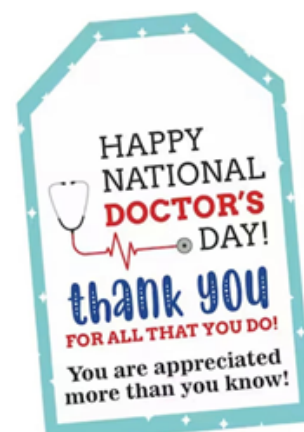
[Please Click Here to Register](#)



Thursday, March 27

Doctor's Day

Doctor's day is March 30th and the provider partnership team would like to take a minute to recognize our providers! This day is dedicated to honoring the commitment, dedication, and skill of providers who deliver high-quality health care to individuals and communities. Our providers are devoted to helping, healing, and providing care in a personalized manner. Please thank the providers you stand beside for all that they do!



The Partners of Stoughton Hospital Update

The Partners are working on spreading the word about their two main services projects, walker bags and twiddle muffs. These are lovingly made by the Partners and donated to our patients and community members.

Partners of Stoughton Hospital Service Projects



Walker Bags

A walker bag keeps personal belongings with the walker and readily available for use. The bag is made with heavy, washable fabric to enhance its durability. Large and small pockets can be used for medications, purses, remotes, keys, cell phones and similar items. Velcro secures the bag to the walker.



Twiddle Muffs

The Twiddle Muff was originally made by Margaret Light for her grandmother. The knitted muff kept her hands warm and busy. Professional caregivers rave about the effectiveness of the Twiddle Muff because of the calming effect as users, especially those with dementia, twiddle or fidget with various yarn textures and gadgets sewn to the muff. The warm coziness of the muff stimulates and distracts individuals and seems to enhance the person's quality of life. The muffs can be washed in cold water.

Would you like more information?
Contact Jeanne Gilbertson (608) 692-3452
or 777jeanne@gmail.com or the Stoughton Hospital Gift Shop

Foundation Update



Friday, March 28

SHINE Awards

To: Victoria Valdez

From: Sheila Marty

Thank you so much for going out of your way to come to my office to help me with my coding/modifier issue on Friday 3/14/25. After speaking with me over the phone you were quick to realize that this was a larger problem than first thought and your help was so much appreciated!

Thank you again!
Sheila

To: Denise McDermott

From: Kristin Brickl

Due to a last-minute change, Denise came in on her day off to xray 2 patients so that patient care would not be disrupted. I am so grateful that she was able to help the team out, but more importantly help the patients get the timely care they deserved. Thank you for your positivity and willingness to help the team on short notice.

To: Sara Sturmer

From: Kristin Brickl

Due to an unexpected event, Sara redirected her day to come to Madison Ortho to provide x-rays for our patients so that patient care did not have to be disturbed. I am grateful for her flexibility and willingness to help out the clinic on short notice.

To: Valets/Greeters

From: Taylor Simonson

Thank you for your help with the Foundation's Basket Raffle Fundraiser. Each of you was an amazing help throughout the week ensuring a successful event. Anything from watching the items while we stepped away for a minute to helping with ticket sales while we were in meetings. You all truly SHINED! - The Foundation Staff



**Stoughton Health
Employee Recognition**

Do you have a coworker you would like to recognize with a SHINE Award or nominate for Standards Honors Employee? The forms are just a click away on the intranet home page!

**Submit S.H.I.N.E.
Award**

**Nominate Standards
Honors Employee**

To: Lily Simonson

From: Amy Brown

Stayed later to help me get a patient started when another one needed extra time. Without you I could not have got it all done. Thanks for helping to serve our patients well.

To: Abby Campbell

From: Amy Brown

Thank you so much for helping a patient safely get in and out of the clinic in the rain making sure she was safe and dry! Thank you for serve our patients well and reaching out beyond the expected service!

To: Bev Pope

From: Susie Wendt

Thank you, Bev, for always stepping up to help out when Registration has their registration meetings. Your help with working the ER or office is greatly appreciated so I can have all staff attend. You are the best!!

To: Maren Stephens

From: Bonnie Dyson

I wanted to thank Maren for stepping up and rooming an ortho patient who came an hour early for their appointment, as the ortho clinical staff were over at the SHOC building over their lunch hour. Maren's willingness to help was much appreciated and shows her commitment to providing exceptional care to our patients. Thank you, Bonnie Dyson

To: Rex Mangosing

From: Nikki MacLeod

Thank you so much for your flexibility and willingness to pick up shifts while we have been short staffed. You are a true team player, and we are so lucky you are a part of our team. It is much appreciated.

To: Brian Swain

From: Addy Miller

A huge thank you to Brian and his amazing expertise on a task that I needed help on. I really appreciated having a resource expert to reach out to, explain what was needed and get support. His proactive communication is also highly noteworthy!! I appreciate you, Brian. Thank You!!