

CARE ACROSS A SPECTRUM

Know the Right Care For Your Needs



Knowing your care options before you need them saves you time and money.

SSM Health Express Virtual Care

SSM Health Express Virtual Care offers two convenient and affordable options for patients to access non-emergency care via smart phone or computer without scheduling an appointment. These services are available to everyone, whether or not they are an established SSM Health patient. **Visit [DeanCare.com/VirtualCare](https://deancare.com/virtualcare) for more information.**



E-VISIT



VIDEO VISIT



PRIMARY CARE



URGENT CARE



EMERGENCY CARE



Too sick to drive to the doctor?

Fill out an online questionnaire, receive a written diagnosis, treatment, and a prescription.

Cold/flu, allergies, lice, etc.

Prefer a face-to-face conversation?

Start a video visit and quickly connect with a SSM Health provider. No appointment necessary.

Abnormal headaches, earaches, chronic conditions, etc.



Wish to see your doctor for care?

Schedule an appointment at your primary care clinic. Same-day appointments are usually available.

In-person treatments and annual checkups.



Primary care clinic full or closed?

Visit your nearest Urgent Care facility.

When your normal clinic is full or closed.



Life-threatening illness or injury?

Go to the nearest emergency room or call 911.

Heart attack, stroke, head injury, severe pain.

All care subject to copay and deductible if filed with insurance.



We are here to help

Visit [DeanCare.com/RightCare](https://deancare.com/rightcare) or scan this QR code to start your visit



Unsure of the type of care you need?

Call the Nurse Advice Line at **1 (800) 576-8773 (TTY: 711).**